



45C Post Office Park, Wilbraham, Massachusetts 01095  
[www.WilbrahamRec.com](http://www.WilbrahamRec.com)

## THE WILBRAHAM WHISTLE: E-Newsletter ... AUGUST 2020

Our goal is to keep you informed of important information on a monthly basis. For more details on all our family-friendly programs, visit:

[www.WilbrahamRec.com](http://www.WilbrahamRec.com)

or visit Facebook: [Wilbraham Parks & Recreation Department](#)

- **SPEC POND BEACH/AMY'S SPARKLE PARK**: Open through August 16, 11am-6pm. Cool down at your 'back yard' family friendly beach!

### **SUMMER/FALL ACTIVITIES:**

Below are some of our programs still to come in August, and we still have room! REGISTER now at [WilbrahamRec.com](http://WilbrahamRec.com).

- Field Hockey (Girls grades 3-8) - Program anticipates starting the week of August 17. Please call office to check on availability in program (late fees will be applied).
- Fall Soccer (grades K-8) - Registration ended August 2 - late fees will apply after that.
- Cross Country Track (grades 5-8) - Registration runs August 4 - 16. This is a coed program.
- Workout with Jill (ages 18 on) - Registration runs 8/11 - 8/23.
- Yoga - TBD

Be on the lookout for information on possible on Softball Clinics, Golf and Tennis programs as well as Competitive Baseball tryouts this fall for the spring season. We will post details as they develop!

**NOTE:** We cannot offer Flag Football this year as it is considered a high-risk activity.

Looking for outdoor activities? Our Disc Golf course on Crane Hill Road has been re-opened. For those of you who have never played, disc golf is a flying disc sport in which players throw a disc at a target; it is played using rules similar to golf. It is usually played on a course with 9 or 18 holes. NOTE: We are not able to offer rental of the discs at this time.

### **Hiking Club**

The Wilbraham Hiking Club has not posted any new hikes since March, but is looking forward to resuming its hiking program! It will continue its varied offerings of hikes within a 2-hour radius of Wilbraham as well as hikes within Wilbraham, and ultimately will, once again, offer special out-of-state day-trips and longer trips. The Club has not yet determined when hikes will resume, but once they do, all hikers will have to comply with the state's Phase 3, step 1 guidelines, or whatever guidelines are in place at that time.. To stay tuned for updates about the club's activities, please check future editions of The Whistle, the Wilbraham-Hampden Times, or join the club's Meetup Group at <https://www.meetup.com/Wilbraham-Hiking-Club-Meetup/>

### **Girls on the Run (GOTR)**

**GOTR is looking for coaches in the Wilbraham area for their fall program. This program encourages girls to recognize their individual strengths and to build connections with others.**

**Coaches and girls do not need to be runners....all are welcome!**

**For more information, visit [www.girlsontherunwesternma.com](http://www.girlsontherunwesternma.com) or contact Molly Hoyt at [Molly.Hoyt@girlsontherun.org](mailto:Molly.Hoyt@girlsontherun.org) or 413-320-1845.**