



45C Post Office Park, Wilbraham, Massachusetts 01095 • www.WilbrahamRec.com

THE WILBRAHAM WHISTLE: E-Newsletter ... NOVEMBER 2020

Our goal is to keep you informed of important information on a monthly basis. For more details on all our family friendly programs, visit: www.WilbrahamRec.com or visit Facebook: [Wilbraham Parks & Recreation Department](#)

Please be aware that all programs are restricted in size of enrollment due to the COVID-19 restrictions. Registration is on a first-come-first-served basis, so please don't delay in registering if interested as we will not be able to exceed our maximum number of participants.

• **Babysitting (Ages 11-15): Registration begins November 3.**

This training course provides youth who are planning to baby-sit with the knowledge and skills necessary to safely and responsibly give care for children and infants. Topics covered will include playtime, behavior management, bathing, feeding, changing diapers and fire safety. This training will help participants to develop skills that will keep themselves and others safe. It will also provide techniques to help children behave and provide guidance about basic child care and basic first aid. This program will be taught by Community Health Training Solutions. Class will be held on Saturday, November 21, 10AM - 1:30PM at Memorial School, 310 Main Street.

• **Winter Youth Workout (Grades K-8): Registration begins November 10.**

Keep your kids moving and staying active this winter. This program will provide participants an opportunity to remain active and tune-up during the winter months. Program will be broken up into 2 different age groups. Program will meet on Sunday mornings indoors at Memorial School Gym (310 Main Street Wilbraham) or if weather allows we will meet outdoors at MRHS track.

• **Gold Star Soccer Clinics (Ages 2-12): Registration begins November 10.**

This program focuses on individual technical & tactical skills, group play along, speed & agility, and individual ball handling skills. Your child will become comfortable and confident with the soccer ball while raising their self esteem!

BE ON THE LOOKOUT FOR INFORMATION ABOUT SOME OF OUR WINTER PROGRAMS:

We are still waiting for updates from the state on sports programs and hope to have more information to share with you mid-month. But in the meantime, we are working on the following programs:

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| <ul style="list-style-type: none"> • Middle School Ski Program • Winter ART-Ventures • Winter Mad Science • Winter/Spring Stars of Tomorrow Dance Program | <p>Virtual Programs</p> <ul style="list-style-type: none"> • E-SPORTS (Rocket League & Madden) • Wicked Gross Science • Creative Coding with Tynker |
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Join us for a program or two...the benefits are endless!
visit WilbrahamRec.com for details



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